

REPORT ON THE PROGRAMME – "YATHUMANAVAL: EMPOWERING GIRLS"

Date: 16.09.2025

Venue: Dupuis Auditorium

No. of Beneficiaries: 564 (Students & Parents)

On 16th September 2025, Idhaya College for Women, Sarugani, in collaboration with the Rotary Club of Devakottai, organized an impactful programme titled “**Yathumanaval: Empowering Girls**”, dedicated to inspiring and uplifting young women through education, awareness, and motivation. In the presence of **Rev.Mother.Dr.Fatima Paula**, Secretary and **Rev.Sr.Dr.Meldintha Mary**, Principal, Idhaya College for Women, Sarugani. **Rtn.Major Donor.AR.Sevugan**, Club advisor and **Rtn.D.Vijayakumari**, Project Chairperson, Yathumanaval. **Ms.Dhanalakshmi, III BA Tamil** welcomed the gathering.



The highlight of the programme was the presence of the distinguished **Resource Person, Dr. Jeyanthasri Balakrishnan**, a renowned motivational speaker, academician, and former professor of English. Known for her powerful speeches and impactful oratory, she captivated the audience with her profound insights and motivational talk. In her speech, Dr. Jeyanthasri highlighted the **contributions of the Rotary Club** towards women's health and hygiene. She specifically appreciated the Rotary's initiative in distributing free sanitary pads, recognizing it as a crucial step toward breaking banner and supporting the physical and mental well-being of young women, especially in rural areas.



She further motivated students to **stay focused on their studies**, urging them to **avoid distractions** that could derail their growth and future. Emphasizing the importance of ambition, she encouraged the students to **“live for your dreams”** and not merely exist. Her message was clear: education is not just a path to a career but a foundation for independence, dignity, and a meaningful life.

The session was highly interactive. Many students came forward to ask questions, and Dr. Jeyanthasri responded with great warmth and honesty. She used real-life examples to explain her answers, making her advice relatable and impactful. Her stories touched on academic challenges, personal development, and overcoming societal pressures — all of which resonated strongly with the audience.



The programme concluded with a vote of thanks by **Ms. Sheeba, III BA Tamil**, expressing gratitude to Dr. Jeyanthasri Balakrishnan for her valuable contribution and to the college management for organizing such a meaningful event. The day was a memorable one, leaving a lasting impact on the minds of the young women present.

The programme succeeded in instilling a sense of confidence and purpose among the students, aligning with the vision of the college to nurture empowered and socially responsible women.

Topic : Career Guidance Program

Date : 28.11.2025

No. of Beneficiaries : 513 Students

A **Career Guidance Program** was jointly organized by Idhaya College for Women, Sarugani, Rotary club, Ramnagar parks and Rotary club, virudhunagar on **28 November 2025** for the school students. The main aim of the program to providing clarity about various career paths, higher education opportunities, and the skills required for future professions. The session was designed to help students make informed decisions about their academic and career choices.

Objectives:

- To create awareness about emerging career options across different fields.
- To help students identify their strengths, interests, and aptitudes.
- To provide guidance on educational streams and courses after secondary and senior secondary levels.
- To familiarize students with the skills needed in today's job market.
- To motivate students to set realistic goals and plan their academic journey effectively.

Summary:

The program began with a prayer song followed by the welcome address. Our beloved Principal, **Rev.Sr.Dr. Meldintha Mary** felicitated the gathering. The coach **Rtn. P.Tenzing**, founder of **Step 2 Success**, graced the occasion as the chief guest. He delivered a highly motivational session for the school students. During his address, he discussed the following points:

- He began the session by asking the students an important question: **“Who am I?”**
- He explained the concept of **SWOT** (Strength, Weakness, Opportunity, and Threat).
- He gave information about the **CPT entrance examination**.
- He created awareness about emerging career options across various fields.
- He discussed different courses related to competitive examinations such as **IAS, IPS**, and others.

Nearly **513 students & 25 staffs** participated in this program from St. Mary's Girls Hr. Sec. School, Devakottai, St. John's Girls Hr. Sec. School, Devakottai, Holy Sprit Matriculation Hr. Sec. School, Kalayarkovil, Hajee Kk Ibrahim Ali Hr. Sec. School, Pudur, Illayangudi, KMSC Girls Hr. Sec. School, Nattarasankottai, Auxilium Matriculation School, Puliyadithammam, Govt Hss, Salaigramam, St. Joseph's Hr. Sec. School, sekkakudi,

St. Francis Higher Secondary School, CK Mangalam, Mount Senario Matriculation Hr. Sec. School, Muppaiyur, Al-Hilal Matriculation Hr. Sec. School, Thondi and Sahayarani Girls Hr. Sec. School, Susaiapparpattanam.

A total of **twelve departments** from our college actively participated by presenting innovative models. These models showcased practical applications of classroom concepts, reflecting the hard work and creativity of the students. After the session, the school students visited the exhibition, observed the displayed models, and gained valuable knowledge. Finally, three departments won cash prizes for their outstanding models.

Department of Mathematics – First Prize

Department of Tamil – Second Prize

Department of Chemistry – Third Prize




Feedback Received from the Students:

- ❖ The students shared very positive feedback about the Career Guidance Program. They expressed that the session was highly informative, motivating, and beneficial for their future planning. Many students mentioned that learning about SWOT analysis, competitive examinations, and various career opportunities helped them gain clarity about their strengths and interests.
- ❖ They also appreciated the way the chief guest interacted with them and encouraged them to think about their identity, goals, and career paths. Students found the explanations simple, practical, and easy to understand.

Outcomes:

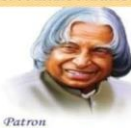
The Career Guidance Program resulted in several positive outcomes:

- ❖ Enhanced Self-Awareness
- ❖ Improved Career Clarity
- ❖ Increased Motivation and Confidence
- ❖ Exposure to Practical Learning
- ❖ Better Understanding of Higher Education Options

ROTARY CLUB OF RAMNAGAR PARKS, ROTARY CLUB OF VIRUDHUNAGAR & IDHAYA COLLEGE FOR WOMEN - SARUGANI
 Jointly Present an Excellent Programme for the Students of Sivagangai Dt

Date: 28.11.2025 FRIDAY Time: 10.00 am to 12.00 Noon
Venue: Francis Auditorium, Idhaya College for Women, Sarugani



Project Kalam 106.0

CAREER GUIDANCE PROGRAMME

Patron

Rev. Mother. Dr. Fatima Paula
Secretary, Idhaya College for Women, Sarugani

Chair Person

Rev. Sr. Dr. Meldintha Mary
Principal, Idhaya College for Women, Sarugani

The Coach


Rtn. P. Tenzing M.B.A.,
Founder, Step2Success

We cordially invite you all

Rtn. K. C. Gurusamy, Project Coordinator, Project Kalam

Rtn. P.H.F. A. Joseph Maria Selvam
(President, Rotary Club of Ramnagar Parks)

Rtn. P.H.F. S. Vincent Santiago
(Secretary, Rotary Club of Ramnagar Parks)



Rtn. M. Pethanatchi
(President, Rotary Club of Virudhunagar)

Rtn. P. Saradha
(Secretary, Rotary Club of Virudhunagar)

Mr. M. Pakkir Mohaideen - PTA Secretary
Mr. V. Kannadasan - PTA Treasurer

