

## WORLD ORS DAY AND WORLD HEPATITIS DAY

Date : 28.07.2025

Venue : Francis Auditorium

Organized by : BIORHTHM Association

The Biorhythm Association of our department successfully organized awareness programs on the occasion of **World ORS day** and **World Hepatitis Day** to spread awareness among students and the public regarding the importance of oral rehydration solutions and the prevention and control of hepatitis. The program was graced by the following esteemed chief's guests

- ❖ **Mr.M.Murugesan**, Block Health Supervisor, Public Health and Disease prevention Department
- ❖ **Mr.Murugan**, ICT Councillor, Public Health Centre, Thiruvegampathur
- ❖ **Mr.Rennis**, Health Inspector



The session commenced with a welcome address by **Ms.Kavi Priya**, who warmly welcomed the gathering and highlighted the objectives of the awareness programs.



The event was skillfully compered by **MS.Sneka and Ms.Athithya** , ensuring smooth conduct of the proceedings. The chief guests delivered insightful talks on the importance of ORS in managing dehydration and the cause, prevention, and management of hepatitis, emphasizing community health practices. To raise awareness about the importance of **oral rehydration salts (ORS)** in the treatment and prevention of dehydrations, especially due to diarrhea. To raise global awareness of hepatitis Band C both of which can cause chronic illness and liver cancer.

The program concluded with a heartfelt vote of thanks delivered by **Ms.S.Abi**, who expressed gratitude to the guests, faculty members, and students for their active participation and support.

Signature of the principal

## **HIV & STD Awareness Program**

**Date** : September 22, 2025

**Venue** : Francis Auditorium

**Beneficiaries** : 70

**Resource Persons:** Mr. Murugan & Mr. Palanikumar

A comprehensive awareness program on HIV and STDs was conducted on September 22, 2025. The program was organized to educate participants about the risks, prevention, and management of these infections. The session was led by two distinguished resource persons, , who are experts in public health and disease prevention.

### **Program Objectives**

The primary objectives of the program were to:

- Increase knowledge about HIV and other sexually transmitted diseases.
- Educate participants on the modes of transmission and prevention strategies.
- Reduce the stigma associated with these diseases.
- Promote safe and healthy behaviors.
- Provide information on available testing and treatment facilities.

**Session by Mr. Murugan:** Focused on the basics of HIV, its transmission, and prevention methods. He also discussed the importance of early detection and the current status of HIV/AIDS in the region.



**Session by Mr. Palanikumar:** Covered a range of other STDs, including syphilis, gonorrhoea, and herpes. He explained their symptoms, health complications, and the significance of timely medical intervention. An open forum where participants could ask questions and clarify their doubts. A summary of the key take away and an expression of gratitude to the resource persons and participants.

### **Key Highlights**

- The resource persons used a mix of presentations, case studies, and real-life examples to make the session engaging and easy to understand.
- The interactive Q&A session was particularly effective, with participants showing keen interest and asking relevant questions.
- Information on local health clinics and government initiatives for HIV and STD prevention was shared.
- The program emphasized the importance of regular check-ups and open communication about sexual health.

The HIV & STD Awareness Program was a resounding success. The sessions by **Mr. Murugan and Mr. Palanikumar** were highly informative and well-received. The program successfully met its objectives of raising awareness and promoting responsible health behaviors among the participants. The positive feedback and active participation indicate the need for more such initiatives in the future.

**Signature of the principal**

## Report on Blood Donation Camp

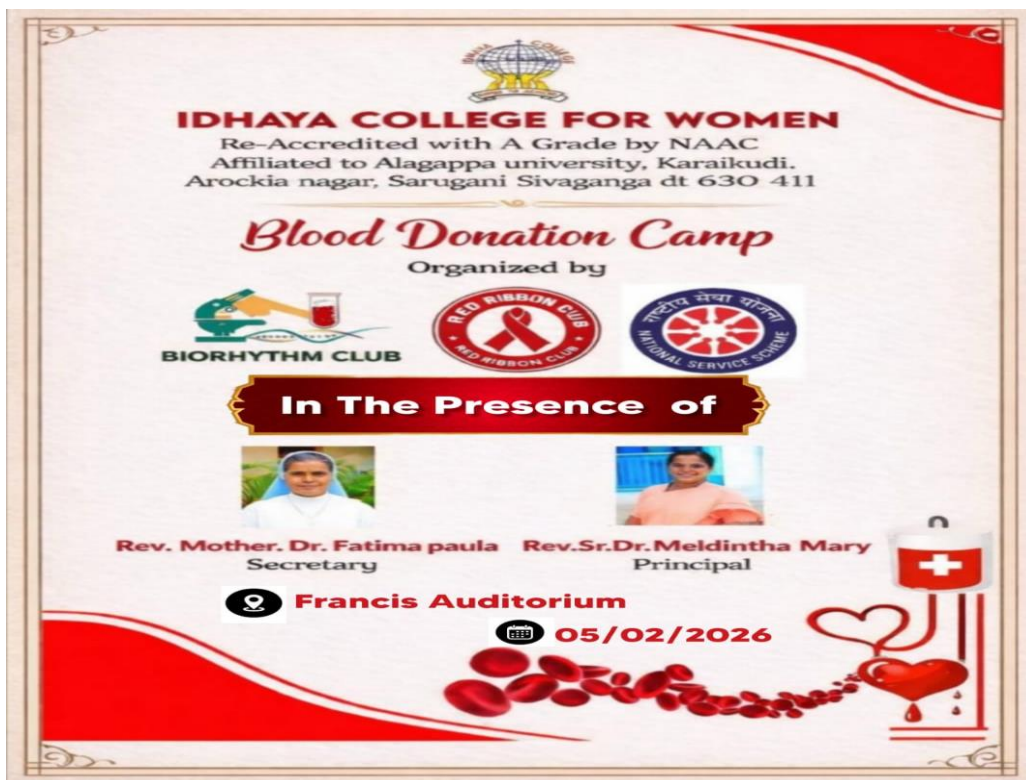
**Date** : 05.02.2026

**Venue** : Francis Auditorium

**Beneficiaries** : 32

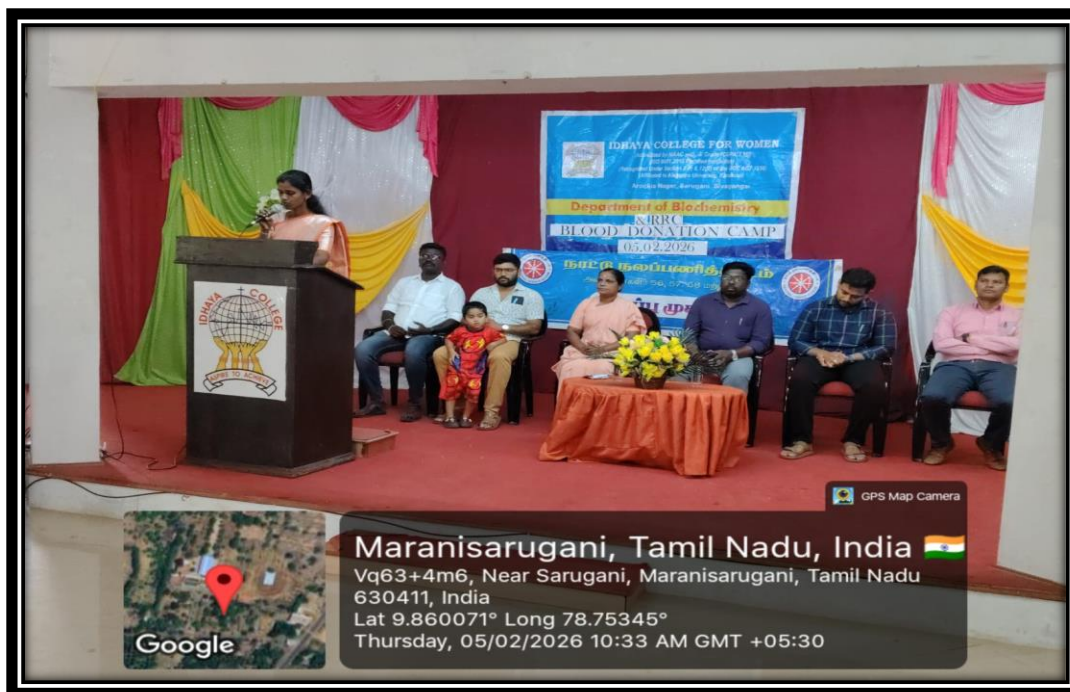
**Organizer** : Biorhythm Club, Red Ribbon Club (RRC), and National Service Scheme (NSS)

Idhaya College for Women, Sarugani, re-accredited with 'A' Grade by NAAC and affiliated to Alagappa University, Karaikudi, organized a Blood Donation Camp at the Francis Auditorium. The programme was jointly organized by the Biorhythm Club, Red Ribbon Club (RRC), and National Service Scheme (NSS) with the aim of creating awareness about the importance of blood donation and encouraging voluntary participation among students.



The camp was conducted in the esteemed presence of Rev. Mother Dr. Fatima Paula, Secretary of Idhaya College for Women, and Rev. Sr. Dr. Meldintha Mary, Principal of the college. Their presence added dignity and inspiration to the programme.

The programme commenced with a prayer followed by a warm welcome address. In her address, the Principal emphasized the significance of blood donation as a life-saving act and highlighted the social responsibility of students in contributing to community health. The Secretary motivated the students by stressing the value of compassion, service, and selflessness in shaping responsible citizens.



Medical professionals briefed the participants about the eligibility criteria, benefits of blood donation, and post-donation care. Students, faculty members, and non-teaching staff actively participated in the camp with great enthusiasm. All necessary safety measures and medical protocols were strictly followed to ensure a safe and hygienic blood donation process.

The camp witnessed an overwhelming response, with a good number of donors voluntarily donating blood. The collected blood units will be utilized for emergency medical needs, thereby contributing significantly to saving lives.



The programme concluded with a vote of thanks, expressing gratitude to the management, chief guests, medical team, organizing committees, and all the donors for their wholehearted cooperation and support. The Blood Donation Camp was a grand success and instilled a sense of social responsibility and humanitarian values among the students.

**Signature of the principal**